

Group Discussion

The following questions are meant for group discussion so you can talk about what you've learned and consider how it could be applied to your life and the world around you.

1. Name a healthy home tip you remember from the book.
2. Discuss some ways that we can improve the air quality in our homes. What if we live in a polluted area?
3. Do you think it would be cheaper or more expensive to make your own cleaning products?
4. How much time each day do you spend inside a building? Do you think these places can impact our health?
5. Try to count up the number of wireless devices you have in your home (computers, phones, tablets, bluetooth devices, video game systems, smart watches, etc)
6. Brainstorm a list of strategies that can be used to help others limit their use on wireless technology.
7. Why might some people not want to change their behaviours?

